

RSim General & Colorectal Surgery
1 Farrer Park Station Road,
#13-10, Farrer Park Medical Centre,
Singapore 217562.
Tel: (65) 6636 3493 Fax: (65)6636 3494

What is Direct Access Colonoscopy (DAC)?

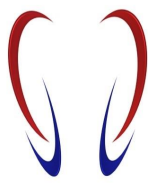
DAC is a concession that allows GP partners to have direct access to the Endoscopy Centre at Farrer Park Hospital (FPH) at the earliest and most convenient date for screening colonoscopies for their patients.

Scheduling Process

1. Call RSim General & Colorectal Surgery, Connexion #13-10 at 66363493

OR

2. Fax the completed DAC request form to 66363494



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DIRECT ACCESS COLONOSCOPY REQUEST FORM

Fax this form to RSim General & Colorectal Surgery, Connexion #13-10. Fax No: 66363494, Telephone No: 66363493.

Preferred Date of Colonoscopy: _____

Preferred Session: AM /PM

Patient Particulars

Family Physician's Clinic Stamp

Name: _____
NRIC: _____
DOB: _____

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Indication(s) for Screening Colonoscopy (Please tick)

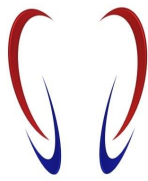
- Asymptomatic, average risk patient >50 years old and <80 years old
- Family history of colorectal cancer
- Personal history of colorectal polyps or cancer
- Personal history of ovarian or endometrial cancer
- Screening FOBT positive

Note: Symptomatic patients with bleeding per rectum, change in bowel habit and/or abdominal pain should be referred to RSim General & Colorectal Surgery, Connexion #13-10, for thorough evaluation. Patients with suspected family history of hereditary cancers should also be referred for evaluation and counselling.

Drug allergy: _____

Current Drug therapy: _____

Relevant past medical history



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#13-10 Connexion

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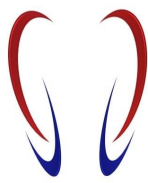
Service Hours: Mondays to Fridays

9am ó 5.30pm

Saturdays

9am ó 1pm

We are closed on Sundays and Public Holidays



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Advising Your Patient

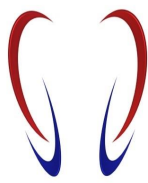
1. Inform your patient of the scheduled date and time.
2. Prescribe or dispense the pre-procedure bowel preparation. Emphasize need for adequate hydration.
See attached bowel prep instructions for patients.
3. The entire procedure takes about 10 to 20 minutes in uncomplicated cases.
4. Inform patient the estimated costs of colonoscopy.
5. The location for the procedure: Level 5 of Farrer Park Hospital, Endoscopy Suite.

Contraindications

The following conditions are not suitable for DAC:

1. Symptomatic patients who need evaluation
2. Renal impairment or prone to dehydration
3. Physically unfit or elderly >80 years old
4. Uncontrolled hypertension
5. Severe ischaemic heart disease
6. Severe pulmonary disease
7. Brittle diabetes
8. Patients on anticoagulants
9. Not capable of informed consent

Note: Patients on antiplatelet agents may proceed without stopping them but please indicate in request form.



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Patient Information

Day of Procedure

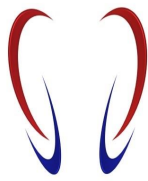
1. Patient is reminded to:
 - a. Bring the original copy of the DAC request form.
 - b. Produce original documents for verification upon admission.
 - c. Not wear contact lenses, make-up, jewellery, nail varnish or bring excessive cash.
 - d. Bring all current medication.
 - e. Take his/her heart, blood pressure or thyroid medicine at 7am with sips of clear water.
 - f. Refrain from taking diabetic medication.
2. Registration and financial counselling are at the Endoscopy Suite, Level 5 Farrer Park Hospital.

Post Procedure

1. Patient will be observed for 1 to 2 hours.
2. Light refreshment will be served.
3. Patient will be scheduled for review at your clinic as required.
4. A bill will be issued upon discharge.
5. Full report will be given to your patient.

Bill Size

The estimated package for colonoscopy is S\$1500 - S\$1700. Other costs such as medication, biopsy or consumable are not included.



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Medisave Claimable

The procedure is Medisave claimable. Based on the estimated cost the breakdown is:

Medisave claimable limit: up to S\$1600

Cash upfront at Registration: Nil

For non- medisave users / foreigners: Credit card details are required upon registration